

# T-Ball

## GAME LENGTH:

- Teams should try to play **THREE (3) complete innings**. Games will last no longer than one hour.

## PLAYER PARTICIPATION:

### *Offense:*

- All players bat each inning even if 3 outs are made.

## COACH ROLE:

- Coaches should support players in the field defensively and offensively. Another coach should also support the kids on the bench.

## AT-BAT:

- Everyone in the lineup will bat once per inning. When the final player bats, the kids can run around the bases.

## DEFENSIVE PLAYS:

- The kids should attempt to “make an out” but runners will remain on base.

## T-BALL BALLS:

### ***\*\*MUST BE A SOFTCORE BALL\****

- Coach Pitch will use appropriate baseballs as recommended for this age division. Safety Baseballs are ideal for this age because these kids are learning the game of baseball for the first time. Throwing, catching, and fielding take a lot of practice at this age. These softer and lighter baseballs are perfect for learning the fundamentals while also building a ballplayer's confidence and teaching them to stay in front of the ball.